





#### Lighting of the Candles

We light a candle in the name of the Maker,

Who lit the world and breathed the breath of life for us...

We light a candle in the name of the Son,

Who saved the world and stretched out his hand to us...

We light a candle in the name of the Spirit

Who encompasses the world and blesses our souls with yearning ...

We light three lights for the trinity of love: God above us, God beside us, God beneath us: The beginning, the end, the everlasting one.

Confession

Most merciful God,

We confess that we have sinned against you in thought, word and deed.

By what we have done, and by what we have left undone.

We have not loved you with our whole heart;

We have not loved our neighbours as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us;

That we may delight in your will and walk in your ways, To the glory of your Name. Amen.

"I Shall Not Want" | Audrey Assad (online here)

Iona Liturgy | Holman Hunt, "Light of the World"

O Lord, let my soul rise up to meet you

As the day rises to meet the sun.

Glory to the Father, and to the Son,

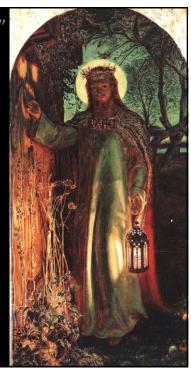
And to the Holy Spirit,

As it was in the beginning, is now,

And will be forever.

When the lights are on and the house is full and laughter is easy and all is well ...

Behold he stands at the door and knocks



When the lights are low and the house is still and the talk is intense and the air is full of wondering ...

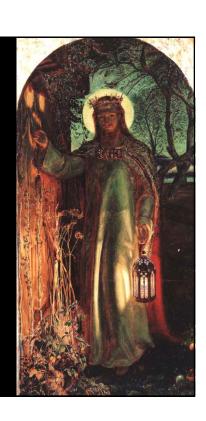
Behold he stands at the door and knocks

When the lights are off and the house is sad and the voice is troubled and nothing seems right ...

Behold he stands at the door and knocks

And tonight, always tonight, as if there were no other people, no other house, no other door ...

Behold he stands at the door and knocks



Come, Lord Jesus, be our guest, stay with us for the day is ending.

Bring to our house your poverty

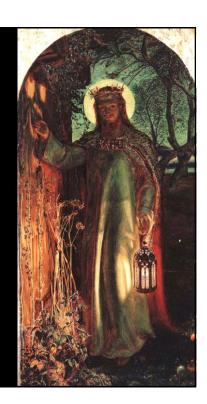
For then we shall be rich.

Bring to our house your pain,

That sharing it we may also share your joy.

Bring to our house your understanding of us,

That we may be freed to learn more of you.



Bring to our house all those who hurry or hobble behind you,

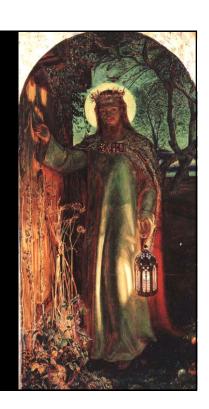
That we may meet you as the Saviour of all.

Bring to our house your Holy Spirit,

That this may be a cradle of love.

With friend, with stranger, with neighbour, and the well-known ones, be among us tonight,

For the doors of our house we open, and the doors of our hearts we leave ajar.



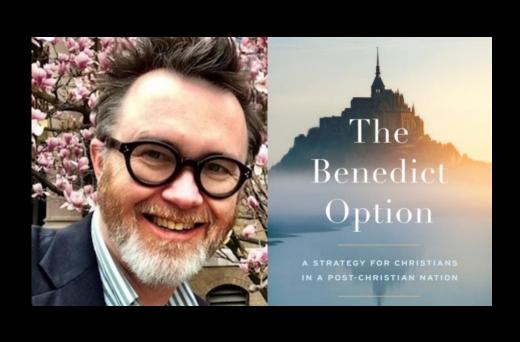
"In the days ahead, you will either be a mystic (one who has experienced God for real) or nothing at all." — Karl Rahner

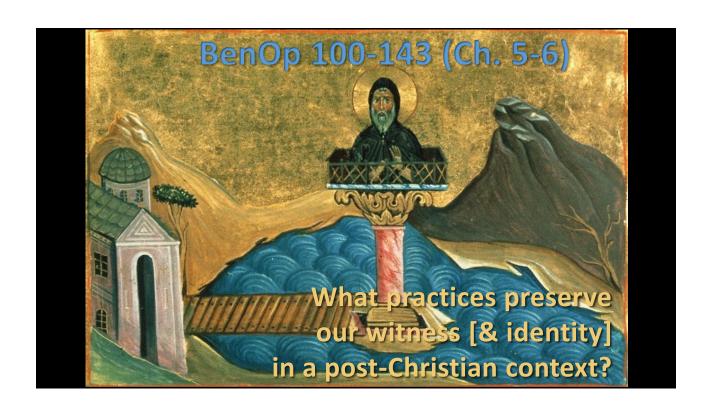
### RULE OF LIFE | Putting it into *Practice*

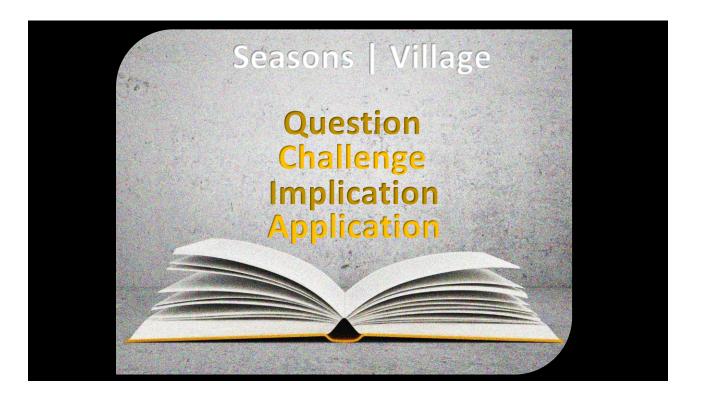
Life needs order, scaffolding, sacred rhythms. If we want God at the centre, we must order the tangle of our days around Him.

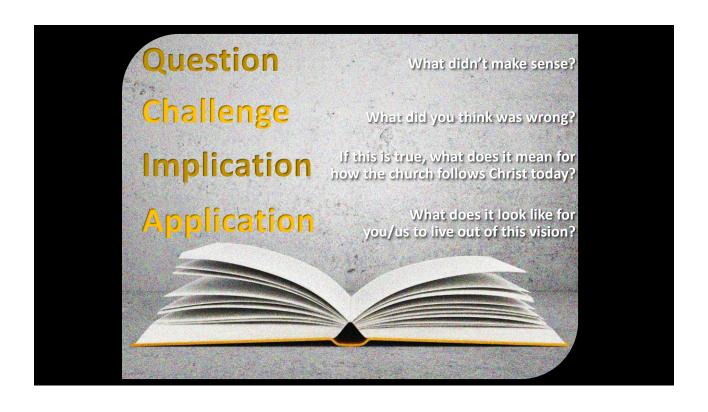
We must commune with Him through the liturgical, sacred everyday rhythms of work, rest and play.

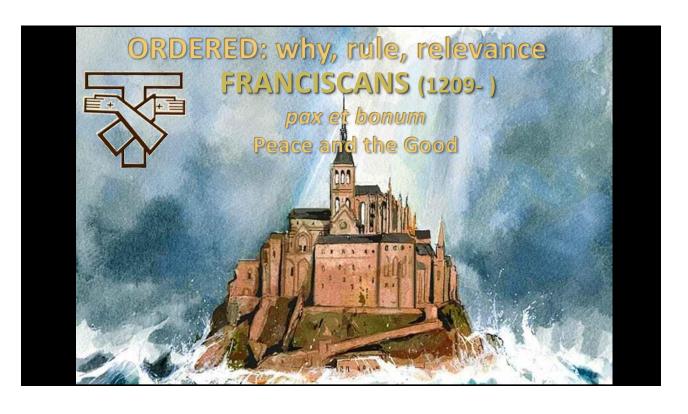
What "rules" and "practices/disciplines" do you need to maintain a distinct identity in a post-Christian culture, governing your life to remain a faithful witness?

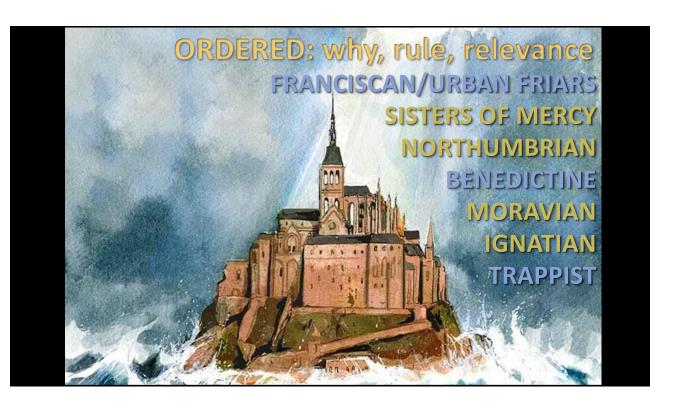






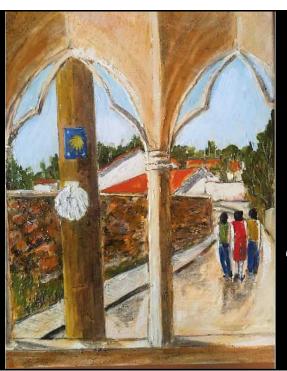






#### **Christian Practices**

... rich and repetitive actions we do, over time and often together, which engage our senses and imagination, reminding us of God's presence and aiming us at His Kingdom



# **Pilgrimage**

Lindsay Farrell | Camino II, "Arrival at Charlieu"

We walk and pray in the cloister where Christians have prayed for 1000 years.
We feel grace in abundance

"Looking for Infinity" El Camino | online <u>here</u>





**Pilgrimage** 

Lindsay Farrell | Camino II: Cluny I, III

"In the days ahead, you will either be a mystic (one who has experienced God for real) or nothing at all." — Karl Rahner

## RULE OF LIFE | New Rules/Practices from this Week?

Life needs order, scaffolding, sacred rhythms. If we want God at the centre, we must order the tangle of our days around Him.

We must commune with Him through the liturgical, sacred everyday rhythms of work, rest and play.

What "rules" and "practices/disciplines" do you need to maintain a distinct identity in a post-Christian culture, governing your life to remain a faithful witness?

# **RULE OF LIFE | 12 KEY ELEMENTS**



12 KEY ELEMENTS: PRAYER 1. Scripture 2. Silence and solitude 3. Daily Office 4. Study REST 5. Sabbath 6. Simplicity 7. Play and recreation WORK/ACTIVITY 8. Service and mission 9. Care for the physical body RELATIONSHIPS 10. Emotional health 11. Family 12. Community (companions for the journey)

BLESS	I will bless three people this week, at least one of whom is not a member of our church.
EAT	I will eat with three people this week, at least one of whom is not a member of our church.
LISTEN	I will spend at least one period of the week listening for the Spirit's voice.
LEARN	I will spend at least one period of the week learning Christ.
SENT	I will journal throughout the week about all the ways I alerted others to the universal reign of God through Christ.

## **RULE OF LIFE | PROMPTS**

communion, baptism, confession, Sabbath, worship

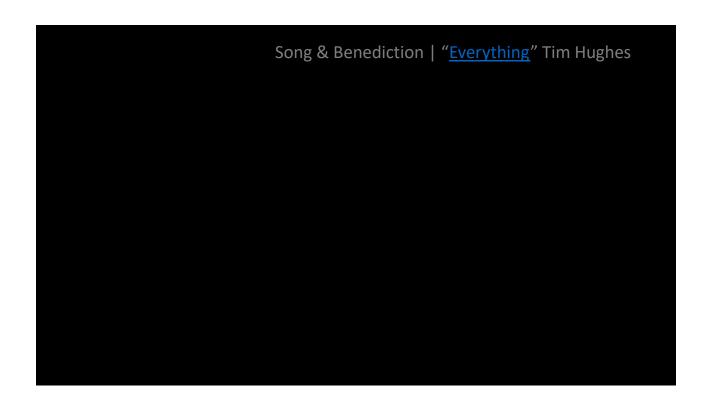
fasting, prayer, daily office, scripture, vespers (singing Psalms), contemplation and meditation, Lectio Divina (slow prayerful reading of scripture), silence, pilgrimage, labyrinth, solitude, the creed, nature

work, play, service, rest, celebrating, creating, evangelism

obedience, restraint of speech, self denial, *surrender*, gratitude, dealing with temptation

forgiveness, humility, love possessions/consumption, ecology, household economics/poverty, money, gifts, clothing, simplicity

food, health/body single or married life, peacemaking and reconciliation, relationships, fidelity to the community, *hospitality*, stability





"Goodness is, so to speak, itself: badness is only spoiled goodness. And there must be something good first before it can be spoiled."

(CS Lewis)



