

Lighting of the Candles

We light a candle in the name of the Maker,
 Who lit the world and breathed the breath of life for us...

We light a candle in the name of the Son,
 Who saved the world and stretched out his hand to us...

We light a candle in the name of the Spirit
 Who encompasses the world and blesses our souls with yearning ...

**We light three lights for the trinity of love:
 God above us, God beside us, God beneath us:
 The beginning, the end, the everlasting one.**

Confession

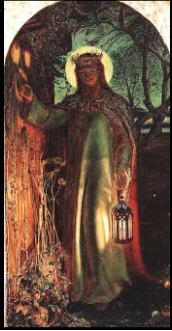
Most merciful God,
We confess that we have sinned against you in thought,
word and deed
By what we have done, and by what we have left undone.
We have not loved you with our whole heart;
We have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
That we may delight in your will and walk in your ways,
To the glory of your Name. Amen.

"I Shall Not Want" | Audrey Assad ([online here](#))

Iona Liturgy | Holman Hunt, "Light of the World"

O Lord, let my soul rise up to meet you
As the day rises to meet the sun.
 Glory to the Father, and to the Son,
 And to the Holy Spirit,
As it was in the beginning, is now,
 And will be forever.

When the lights are on and the house is full
 and laughter is easy and all is well ...
Behold he stands at the door and knocks



When the lights are low
 and the house is still and the talk is intense
 and the air is full of wondering

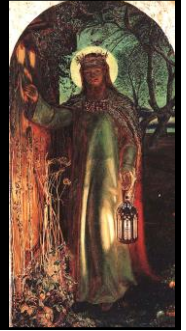
Behold he stands at the door and knocks

When the lights are off
 and the house is sad and the voice is troubled
 and nothing seems right ...

Behold he stands at the door and knocks

And tonight, always tonight,
 as if there were no other people,
 no other house, no other door ...

Behold he stands at the door and knocks

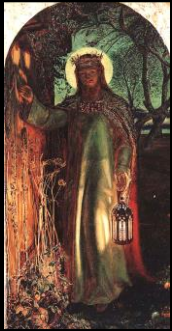


Come, Lord Jesus, be our guest,
 stay with us for the day is ending.

Bring to our house your poverty,
For then we shall be rich.

Bring to our house your pain,
That sharing it we may also share your joy.

Bring to our house your understanding of us,
That we may be freed to learn more of you.

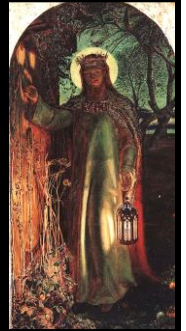


Bring to our house all those
 who hurry or hobble behind you,
That we may meet you as the Saviour of all.

Bring to our house your Holy Spirit,
That this may be a cradle of love.

With friend, with stranger,
 with neighbour, and the well-known ones,
 be among us tonight,

**For the doors of our house we open,
 and the doors of our hearts we leave ajar.**



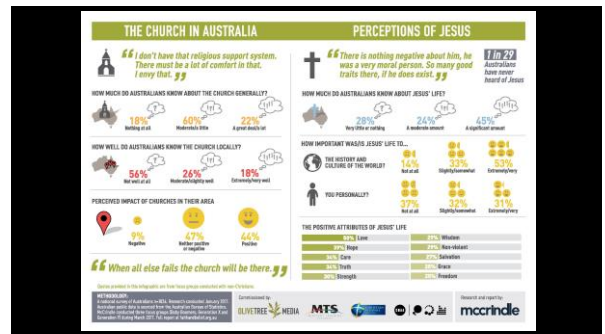
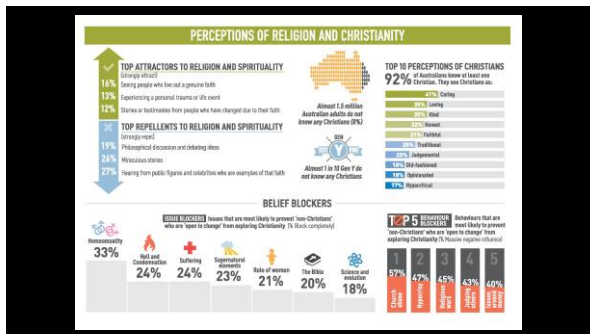
The Benedict Option

A STRATEGY FOR CHRISTIANS
 IN A POST-CHRISTIAN NATION

BenOp 1-47 (Intro – Ch. 2)



What practices preserve
 our witness [& identity]
 in a post-Christian context?



“Not in Kansas Anymore”

ABS2016
NCLS-ACS2016
FAITHANDBELIEF.ORG.AU

Why the change?

Should this bother the church?

How should Christians respond?

Two in five young Australians reported having no religious affiliation.


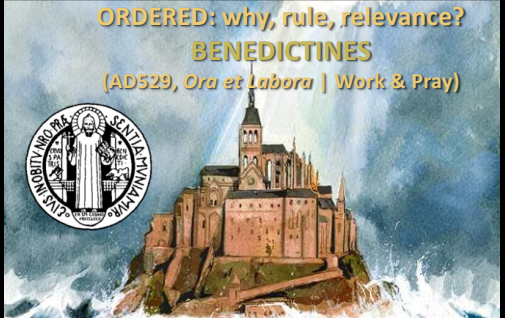
BenOp 1-47 (Intro – Ch. 2)

What practices preserve our witness [& identity] in a post-Christian context?

ORDERED: why, rule, relevance?

BENEDICTINES

(AD529, *Ora et Labora* | Work & Pray)

ORDERED: why, rule, relevance?

FRANCISCAN/URBAN FRIARS

SISTERS OF MERCY

NORTHUMBRIAN

MORAVIAN

IGNATIAN

TRAPPIST



Christian Practices

... rich and repetitive actions we do,
over time and often together,
which engage our senses and imagination,
reminding us of God's presence
and aiming us at His Kingdom

Mont Saint Michel | Normandy, FR (online [here](#))

"In the days ahead, you will either be a mystic (one who has experienced God for real) or nothing at all." – Karl Rahner

RULE OF LIFE | Mission, Vision & Values

Life needs order, scaffolding, sacred rhythms. If we want God at the centre, we must order the tangle of our days around Him. We must commune with Him through the liturgical, sacred everyday rhythms of work, rest and play.

What "rules" and "practices/disciplines" do you need to maintain a distinct identity in a post-Christian culture, governing your life to remain a faithful witness?

RULE OF LIFE | 12 KEY ELEMENTS



12 KEY ELEMENTS: PRAYER 1. Scripture 2. Silence and solitude 3. Daily Office 4. Study **REST** 5. Sabbath 6. Simplicity 7. Play and recreation **WORK/ACTIVITY** 8. Service and mission 9. Care for the physical body **RELATIONSHIPS** 10. Emotional health 11. Family 12. Community (companions for the journey)

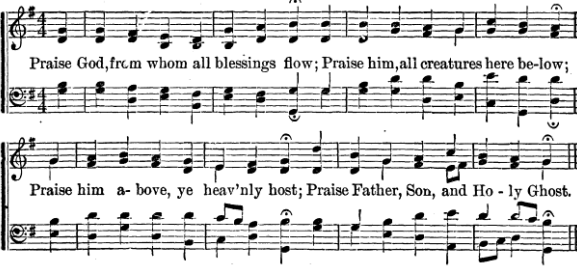
BLESS	I will bless three people this week, at least one of whom is not a member of our church.
EAT	I will eat with three people this week, at least one of whom is not a member of our church.
LISTEN	I will spend at least one period of the week listening for the Spirit's voice.
LEARN	I will spend at least one period of the week learning Christ.
SENT	I will journal throughout the week about all the ways I alerted others to the universal reign of God through Christ.

RULE OF LIFE | PROMPTS

communion, baptism, confession, Sabbath, worship
fasting, prayer, daily office, scripture, vespers (singing Psalms),
contemplation and meditation, *Lectio Divina* (slow prayerful reading of scripture),
silence, pilgrimage, solitude, the creed, nature
work, play, service, rest, celebrating, creating, evangelism
obedience, restraint of speech, self denial, surrender, gratitude, dealing with temptation
forgiveness, humility, love
possessions/consumption, ecology, household economics/poverty,
money, gifts, clothing, simplicity
food, health/body
single or married life, peacemaking and reconciliation, relationships,
fidelity to the community, hospitality, stability

Song & Benediction | "[Everything](#)" Tim Hughes

340 **Doxology.**
THOS. KEN. (Old Hundred. L. M.) LOUIS BOURGEOIS.



Praise God, from whom all blessings flow; Praise him, all creatures here be-low;
Praise him a-bove, ye heav'nly host; Praise Father, Son, and Ho-ly Ghost.

Quarry Church



Sundays, 8am



"Genuine goodness is a matter of habitually acting and responding appropriately in each situation, as it arises, moved always by the desire to please God." The Cloud of Unknowing

Open Table



Friday 1 September | <GOODNESS>

PRAXIS | "Church in the Wild"

traverse.org.au/events/



August 5 | 12-5pm

Toowong Bowls Club
\$10 cover
paul.wetzig
@cofcqld.com.au

August 10: pp. 48-99
Rule + Politics
(BenOp Ch. 3-4)

